



### LIFESTYLE VISION QUESTIONNAIRE

Name: \_\_\_\_\_ Date \_\_\_\_\_

We recognize that your eyes are very important to you. We would like to know how you use your eyes on a daily basis. Along with your eye exam, this info will assist us in recommending the best options for your eyes and your personal lifestyle vision.

- Do you wear glasses now?  No  Yes  
 If Yes, how often?  All the time  Sometimes  Only for distance  Only for reading  Only for computer
- How important is it for you to see to read or use computer without glasses?  
 Very important  Important  Somewhat important  Not important
- If it were possible to go without glasses for most of the time, would you like that?  
 No  Yes
- How many hours per day do you: Read? \_\_\_\_\_ hrs Use computer? \_\_\_\_\_ hrs
- Do you drive at night?  Socially  Occasionally  Often

**CHECK the following activities you do on a regular basis:**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Read books            | <input type="checkbox"/> Play Cards / Dominos | <input type="checkbox"/> Drive daytime          |
| <input type="checkbox"/> Read medicine bottles | <input type="checkbox"/> Paint / Artist       | <input type="checkbox"/> Drive nighttime        |
| <input type="checkbox"/> Needlepoint / Crochet | <input type="checkbox"/> Cook                 | <input type="checkbox"/> Golf                   |
| <input type="checkbox"/> Dine in Restaurant    | <input type="checkbox"/> Musician             | <input type="checkbox"/> Hunt / Fish            |
| <input type="checkbox"/> Shopping              | <input type="checkbox"/> Computer / Tablet    | <input type="checkbox"/> Bicycling, Hiking etc. |
| <input type="checkbox"/> Photography           | <input type="checkbox"/> Cell phone           | <input type="checkbox"/> Tennis                 |
| <input type="checkbox"/> Other _____           |   | <input type="checkbox"/> Spectator Sports       |

Please circle on the following scale to describe your personality as best you can:

1	2	3	4	5	6	7	8	9	10
Easy going									Perfectionist